

## Social Media Policy

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This document outlines my office policies related to use of Social Media. Please review it to understand how I conduct myself on the Internet as a mental health professional and how you can expect me to respond to various interactions that may occur between us on the Internet. If you have questions about anything within this document, I encourage you to bring them up when we meet. As new technology develops and the Internet changes, there may be times when I need to update this policy. If I do so, I will notify you in writing of any policy changes, offer a printed copy of the updated policy or you can view it at [www.bethlorell.com](http://www.bethlorell.com).

### *Search Engines*

Search engines are not used to seek information about you. A rare exception would be during a crisis when I have reason to suspect that you may be in danger to yourself or others and I have exhausted other resources. Should this ever occur, I will document it in your clinical record and discuss it with you at your next session. If you should use search engines to seek information about me, I recommend that you discuss any concerns that you may have.

### *Email/Text*

Please do not communicate personal information or issues related to the content of therapy in text messages or email. This type of communication can compromise confidentiality. I respond to text messages and email only to schedule or modify appointments. Please do not use text messages or email for emergencies. Text messages and emails become a part of your clinical record.

### *Friends*

I do not accept requests to connect with current or former clients on social networking sites as this may compromise confidentiality and our therapeutic relationship. If there is content you wish to share with me from your social media site, please bring it to a session for discussion.

### *Tweets/Blogs*

I do not follow current patients or former patients on twitter or blogs. Doing so may negatively influence our therapeutic relationship. I may sometimes publish a blog on my professional website and offer information about my practice. I have no expectation for you to follow me on social media or read my blogs. If there is content you wish to share with me from your online site, you may bring it to a session for discussion.

### *Location-Based Services*

There are privacy concerns related to location-based services on a mobile phone. If you have GPS tracking or a location-based device on your mobile phone, it may compromise your privacy and indicate that you are in therapy.

***Social Media Accounts***

I have a professional social media account which is used solely for professional matters regarding my practice. I will not reveal any information about you on my professional account nor will I have an online relationship with you on my professional site. You are not expected to respond or comment on anything that I post. I will not respond to any comments you post online. If you have any concerns about the content of my posts, please bring it to a session for discussion.

No information about you will be posted on personal or professional social media accounts.

If you have any questions about my social media policy, please let me know. I will inform you about any changes to this policy.

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Client Signature

Date

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Signature of Parent, Guardian or Personal Representative

Date